



Electroencephalography (EEG) Referral Form

GENERAL
Phone: 416-495-2620
Fax: 416-495-2848

CENTENARY
Phone: 416-281-7400
Fax: 416-281-7098

Please indicate preferred location above

	Appointment Date: _____
	Appointment Time: _____
	Hospital: _____
	Referring Physician: _____
	Copies to: _____

- Routine Video Electroencephalography** (time required approximately 1 hour)
- Sleep Deprived Video Electroencephalography** (time required approximately 1.5 hours)

Clinical Indication (please specify)

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Physician signature: _____ Date: _____
Contact Number: _____

To cancel or reschedule your appointment, please call the hospital directly

Please see reverse side of form for patient instructions and maps to hospitals

Important Information

Patient Instructions:

- 1 Bring all current medications or list of them. Continue on all your medications, unless instructed otherwise by your physician
- 2 Please arrive 15 minutes before your appointment to register
 - > For Centenary please proceed to Cardiac Diagnostics to register
 - > For General please proceed to Central Registration

Routine EEG Preparations:

- 1 Tracings of brain wave activity are recorded using small non-invasive disks which are attached to the scalp by a thick paste
- 2 Shampoo hair on the morning of the test. Avoid use of make-up or hair products on day of test
- 3 Braids of your own hairs are allowed. Weaves and extensions must be removed
- 4 Meals as usual.

Sleep Deprived Preparations:

- 1 Follow instructions as for routine EEG
- 2 Avoid caffeine - tea, coffee, chocolate, etc.
- 3 For pediatric EEG-if sedation is necessary for your child, please contact referring physician for assistance. EEG technologists are not authorized to prescribe sedation to your child if needed (Please bring necessary toys, blanket and/or milk to help your child to sleep)

Sleep Deprived Information

<u>Age</u>	<u>Duration of Sleep Deprivation</u>	<u>Appointment Times</u>
Newborn to 11 months	Schedule for a nap time	Early afternoon
12 months to 3 years	Schedule for a nap time	Early afternoon
4 to 8 years	Awake from 4 a.m.	Morning
9 to 12 years	Awake from 2 a.m.	Morning
12 years and older	Awake entire night	Morning

Getting to our Hospitals

Centenary Hospital

2867 Ellesmere Road, Scarborough

Go to Cardiac Diagnostics located on the second floor (main level)



General Hospital

3050 Lawrence Ave. East, Scarborough

Located in Tower 5

