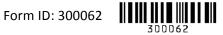


Non-Invasive Cardiac Diagnostics Referral Form

BIRCHMOUNT 3030 Birchmount Road Scarborough, ON M1W 3W3 Phone: 416-495-2590 Fax: 416-495-2479	CENTENARY 2867 Ellesmere Road Scarborough, ON M1E 4B9 Phone: 416-281-7400 Fax: 416-281-7098		GENERAL 3050 Lawrence Ave. East Scarborough, ON M1P 2V5 Phone: 416-431-8110 ext. 2 Fax: 416-431-8211	
Reason for Referral Arrhythmia Chest pain Dizziness / Syncope Shortness of breath		Appointment date: Appointment time: Hospital: Referring physician: Copies to:	Follow-up chemotherapy Pre-transplant work up Stroke work up	
Other:				
Stress Testing 1. Graded Exercise Stress Test (GXT) 2. Stress Echocardiography Exercise Dobutamine Wt *If necessary, contrast will be utilized to improve quality of images 3. Nuclear Myocardial Imaging Exercise MIBI Persantine MIBI Dobutamine MIBI (Centenary only) Thallium Viability Study MUGA Scan		☐ If abnormal and/or addit ☐ Cardiology (Echocardic 1. ☐ Transtho ☐ 2-Dir ☐ 3-Dir ☐ Glob 2. ☐ Transeso	Cardiology Consultation & Follow-up If abnormal test, arrange for cardiac consultation and/or additional testing Cardiology Consultation Echocardiography Transthoracic Echocardiography (TTE) 2-Dimensional Echocardiogram 3-Dimensional Echocardiogram Global Longitudinal Strain Transesophageal Echocardiography (TEE) *Cardiology approval required	
4. Cardio-Metabolic Testing (Centenary Only)		Arrhythmia	Arrhythmia Assessment	
Ambulatory Blood Pressure Monitor 24-hour ABPM (\$50.00 charge applied) Centenary hospital General hospital		1. Holter M 48-H 72-H 14-D 2. Electroca	our our	
Physician signature: Date:				

To book an appointment, please use contact numbers above and indicate hospital preference Please see reverse side of form for patient instructions and maps to hospitals





Important Information

- 1. Bring your valid health card as required by the Ministry of Health.
- 2. Bring all current heart medications or list of them. Continue on all your medications, unless instructed otherwise by your physician.

Ask your doctor if you should stop your beta-blockers 2 or 3 days prior to testing.

- 3. Bring this form with you. Please bring reading glasses in case you need to read and sign any consent forms.
- 4. For most tests, a light snack or meal (toast and juice only) is recommended except TEE.
 - a) For Nuclear Myocardial Imaging (MIBI): Do not consume any caffeinated or decaffeinated products 24 hours prior to the test
 - (This includes tea, coffee, chocolate and pop and decaf).
 - b) For regular stress tests: No caffeine products on the day of testing.
 - c) For Transesophageal Echo (TEE) test: Do not eat or drink six hours prior to test. Someone must accompany you, as a sedative will be given.
- 5. No lotion or powder on skin.
- 6. Bring comfortable walking shoes.
- 7. If you need assistance with translation at your appointment, it is helpful to bring someone with you who can provide translation.

To cancel or reschedule your appointment, please call the hospital

Getting to our Scarborough Health Network Hospitals

Birchmount Hospital

3030 Birchmount Road. Scarborough

Located on the first floor (main level), beside Diagnostic Imaging

Centenary hospital

2867 Ellesmere Road, Scarborough

Located on the second floor (main level), near the Emergency Department

General hospital

3050 Lawrence Ave. East. Scarborough

Located on the first floor, Central (yellow)







Form ID: 300062