



# Non-Invasive Cardiac Diagnostics Referral Form

**BIRCHMOUNT**  
 3030 Birchmount Road  
 Scarborough, ON M1W 3W3  
 Phone: 416-495-2590  
 Fax: 416-495-2479

**CENTENARY**  
 2867 Ellesmere Road  
 Scarborough, ON M1E 4B9  
 Phone: 416-281-7400  
 Fax: 416-281-7098

**GENERAL**  
 3050 Lawrence Ave. East  
 Scarborough, ON M1P 2V5  
 Phone: 416-431-8110 ext. 2  
 Fax: 416-431-8211

	Appointment date: _____ Appointment time: _____ Hospital: _____ Referring physician: _____ Copies to: _____
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**Reason for Referral**

<input type="checkbox"/> Arrhythmia	<input type="checkbox"/> LV Function	<input type="checkbox"/> Follow-up chemotherapy
<input type="checkbox"/> Chest pain	<input type="checkbox"/> Murmur	<input type="checkbox"/> Pre-transplant work up
<input type="checkbox"/> Dizziness / Syncope	<input type="checkbox"/> Palpitations	<input type="checkbox"/> Stroke work up
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Pre-chemotherapy	

Other: \_\_\_\_\_

**Stress Testing**

- Graded Exercise Stress Test (GXT)**
- Stress Echocardiography**
  - Exercise
  - Dobutamine Wt \_\_\_\_\_  
\*If necessary, contrast will be utilized to improve quality of images
- Nuclear Myocardial Imaging**
  - Exercise MIBI
  - Persantine MIBI
  - Dobutamine MIBI (Centenary only)
  - Thallium Viability Study
  - MUGA Scan
- Cardio-Metabolic Testing** (Centenary Only)

**Cardiology Consultation & Follow-up**

**If abnormal test**, arrange for cardiac consultation and/or additional testing

Cardiology Consultation

**Echocardiography**

- Transthoracic Echocardiography (TTE)**
  - 2-Dimensional Echocardiogram
  - 3-Dimensional Echocardiogram
  - Global Longitudinal Strain
- Transesophageal Echocardiography (TEE)**  
\*Cardiology approval required

**Ambulatory Blood Pressure Monitor**

**24-hour ABPM** (\$50.00 charge applied)

- Centenary hospital
- General hospital

**Arrhythmia Assessment**

- Holter Monitor**
  - 48-Hour
  - 72-Hour
  - 14-Day
- Electrocardiogram (ECG)** (Centenary Only)

Physician signature: \_\_\_\_\_ Date: \_\_\_\_\_

**To book an appointment, please use contact numbers above and indicate hospital preference**

Please see reverse side of form for patient instructions and maps to hospitals



## Important Information

1. Bring your valid health card as required by the Ministry of Health.
2. Bring all current heart medications or list of them. Continue on all your medications, unless instructed otherwise by your physician.  
**Ask your doctor if you should stop your beta-blockers 2 or 3 days prior to testing.**
3. Bring this form with you. Please bring reading glasses in case you need to read and sign any consent forms.
4. For most tests, a light snack or meal (toast and juice only) is recommended except TEE.
  - a) For Nuclear Myocardial Imaging (MIBI): Do not consume any caffeinated or decaffeinated products 24 hours prior to the test  
(This includes tea, coffee, chocolate and pop and decaf).
  - b) For regular stress tests: No caffeine products on the day of testing.
  - c) For Transesophageal Echo (TEE) test:  
**Do not eat or drink six hours prior to test.**  
Someone must accompany you, as a sedative **will** be given.
5. No lotion or powder on skin.
6. Bring comfortable walking shoes.
7. If you need assistance with translation at your appointment, it is helpful to bring someone with you who can provide translation.

**To cancel or reschedule your appointment, please call the hospital**

## Getting to our Scarborough Health Network Hospitals

### Birchmount Hospital

3030 Birchmount Road,  
Scarborough

Located on the first floor (main level),  
beside Diagnostic Imaging



### Centenary hospital

2867 Ellesmere Road,  
Scarborough

Located on the second floor (main  
level), near the Emergency Department



### General hospital

3050 Lawrence Ave. East,  
Scarborough

Located on the first floor, Central (yellow)

