Recommended Steps: Putting On Personal Protective Equipment (PPE)

1. Perform Hand Hygiene
2. Put on Gown
   - Tie neck and waist ties securely
3. Put on Mask/N95 Respirator
   - Place mask over nose and under chin
   - Secure ties, loops or straps
   - Mould metal piece to your nose bridge
   - For respirators, perform a seal-check
4. Put on Protective Eyewear
   - Put on eye protection and adjust to fit
   - Face shield should fit over brow
5. Put on Gloves
   - Put on gloves, taking care not to tear or puncture glove
   - If a gown is worn, the glove fits over the gown’s cuff

For more information, please contact Public Health Ontario’s Infection Prevention and Control Department at ipac@oahpp.ca or visit www.publichealthontario.ca.