Non-Invasive Cardiac Diagnostics Referral Form

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
</tr>
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<tbody>
<tr>
<td>BIRCHMOUNT</td>
<td>3030 Birchmount Road, Scarborough, ON M1W 3W3</td>
<td>416-495-2590</td>
<td>416-495-2479</td>
</tr>
<tr>
<td>CENTENARY</td>
<td>2867 Ellesmere Road, Scarborough, ON M1E 4B9</td>
<td>416-281-7400</td>
<td>416-281-7098</td>
</tr>
<tr>
<td>GENERAL</td>
<td>3050 Lawrence Ave. East, Scarborough, ON M1P 2V5</td>
<td>416-431-8110 ext. 2</td>
<td>416-431-8211</td>
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**Reason for Referral**
- Arrhythmia
- Chest pain
- Dizziness / Syncope
- Shortness of breath
- Other: ____________________________________________

**Stress Testing**
1. □ Graded Exercise Stress Test (GXT)
2. □ Stress Echocardiography
   - Exercise
   - Dobutamine Wt
   *If necessary, contrast will be utilized to improve quality of images
3. □ Nuclear Myocardial Imaging
   - Exercise MIBI
   - Persantine MIBI
   - Dobutamine MIBI (Centenary only)
   - Thallium Viability Study
   - MUGA Scan
4. □ Cardio-Metabolic Testing (Centenary Only)

**Ambulatory Blood Pressure Monitor**
- □ 24-hour ABPM ($50.00 charge applied)
  - Centenary hospital
  - General hospital

**Cardiology Consultation & Follow-up**
- □ If abnormal test, arrange for cardiac consultation and/or additional testing
- □ Cardiology Consultation

**Echocardiography**
1. □ Transthoracic Echocardiography (TTE)
   - 2-Dimensional Echocardiogram
   - 3-Dimensional Echocardiogram
   - Global Longitudinal Strain
2. □ Transesophageal Echocardiography (TEE)
   *Cardiology approval required

**Arrhythmia Assessment**
1. □ Holter Monitor
   - 48-Hour
   - 72-Hour
   - 14-Day
2. □ Electrocardiogram (ECG) (Centenary Only)

**Physician signature: ____________________________ Date: __________________________

To book an appointment, please use contact numbers above and indicate hospital preference

Please see reverse side of form for patient instructions and maps to hospitals
Important Information

1. Bring your valid health card as required by the Ministry of Health.
2. Bring all current heart medications or list of them. Continue on all your medications, unless instructed otherwise by your physician.
   **Ask your doctor if you should stop your beta-blockers 2 or 3 days prior to testing.**
3. Bring this form with you. Please bring reading glasses in case you need to read and sign any consent forms.
4. For most tests, a light snack or meal (toast and juice only) is recommended except TEE.
   a) For Nuclear Myocardial Imaging (MIBI): Do not consume any caffeinated or decaffeinated products 24 hours prior to the test
      (This includes tea, coffee, chocolate and pop and decaf).
   b) For regular stress tests: No caffeine products on the day of testing.
   c) For Transesophageal Echo (TEE) test: **Do not eat or drink six hours prior to test.**
      Someone must accompany you, as a sedative will be given.
5. No lotion or powder on skin.
7. If you need assistance with translation at your appointment, it is helpful to bring someone with you who can provide translation.

To cancel or reschedule your appointment, please call the hospital

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Getting to our Scarborough Health Network Hospitals

**Birchmount Hospital**
3030 Birchmount Road, Scarborough
Located on the first floor (main level), beside Diagnostic Imaging

**Centenary hospital**
2867 Ellesmere Road, Scarborough
Located on the second floor (main level), near the Emergency Department

**General hospital**
3050 Lawrence Ave. East, Scarborough
Located on the first floor, Central (yellow)