



VOLUNTEER VOICE

A PUBLICATION BY THE SCARBOROUGH HEALTH NETWORK VOLUNTEER SERVICES DEPARTMENT

A REPORT FROM FLORENCE EDEBIRI, MANAGER OF VOLUNTEER SERVICES

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WISHING OUR VOLUNTEERS A SAFE & HAPPY SUMMER

The Volunteer Services department wishes everyone a happy and safe summer. For the past few months, we have had to function in the hospital without our beloved volunteers. We continue to miss your presence and we do look forward to having you here to do what you like to do best – compassionate and courageous care.

With the ongoing pandemic and safety precautions in place, summer plans may be a new normal for most of us. While there are still restrictions in place at SHN, we are hopeful that we can soon have some of our volunteers back on site. We will begin our comprehensive education for all returning volunteers in the next week. This virtually delivered education is mandatory and will be conducted on our Zoom platform.

As we make the best of our current situation, we continue to encourage you to follow the necessary safety precautions and enjoy the nice weather. On behalf of the volunteer leadership team, we wish you and your family a Happy Canada Day and an enjoyable summer!

VOLUNTEER SERVICES UPDATE – VIRTUAL ACTIVITIES

THE SCRUB BAGS INITIATIVE ORIGATION

The COVID-19 pandemic is a crisis that no one could have predicted. Two sisters, Donna West of Scarborough and Linda Cupples of Scarborough, wanted to give back to their community and help fight the pandemic. These two kind-hearted women worked towards an initiative that supports frontline healthcare workers, while reviving their passion for sewing. The idea came from Linda's daughter, Karen McCready, who knew of a friend making "scrub bags" for nurses. Initially, Donna and Linda made these bags for their friends and relatives of Karen, who were health care professionals.

The scrub bag initiative came to SHN when a Centenary volunteer, Lynn Spencer, connected Donna with the Manager of the Volunteer Services, Florence Edebiri. SHN graciously embraced the scrub bag initiative and enlisted volunteers to sew bags as well. The scrub bag initiative became such a success that Florence proposed if Donna and Linda could also make head covers with buttons, ear savers and mask mates. Both ladies agreed and proceeded with sewing the new items.

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With the overwhelming response received by SHN, Donna and Linda began to run out of materials. Thus, Donna reached out to her neighbours at the Gates of Guildwood and requested materials for the bags, mask mates and headcovers. Donna received an impressive donation of elastics, linens, thread, machine needles and buttons. Peggy Simionati, a friend and former quilter, donated over 50 metres of quality cotton fabric of various colours and patterns. Donna's request also prompted Karen Manuel, a friend of Gates resident Dawna Barrett, to make and donate 275 ear savers. Furthermore, Karen also donated a large quantity of elastics.

Donna and Linda are grateful for the opportunity to showcase their gratitude for frontline healthcare workers. This experience has been rewarding for both, Donna and Linda, and they will continue to support the initiative until there is no longer a need. This initiative would not have been prosperous or possible without the charitable support of the following individuals: Karen McCready, Angela Auchincloss, Lynda Seaton, Karen Manuel, Dawna Barrett, Peggy Simionati and the many residents of The Gates of Guildwood, who have given so generously. Please see below for an image of Donna and Linda.



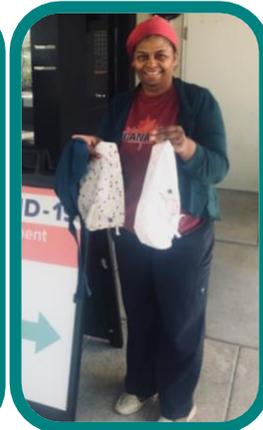
DONATION OF SCRUB BAGS, HEAD CAPS & MASK MATE BANDS

Our volunteers continue to show their commitment and generosity to our frontline heroes by sewing and crafting scrub bags, head covers and mask mates. The scrub bags ensure that SHN staff are able to safely remove their scrubs at work. Head coverings with buttons to attach masks, as well as, mask mate bands/ear savers with buttons are also provided for our SHN staff.

The Volunteer Services department has distributed 1209 packages across the three SHN sites. Additionally, we have received donations of 916 bags, 554 head caps and 1508 mask mates to date. We are still accepting fabric donations, as we are still a long way from meeting our goal for this very important need for our SHN staff. Please contact the Volunteer Services department if you would like to donate to the cause. Thank you to all the volunteers that have donated scrub bags, mask mates and head caps thus far. Please see images below.

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DONATION OF SCRUB BAGS, HEAD CAPS & MASK MATE BANDS



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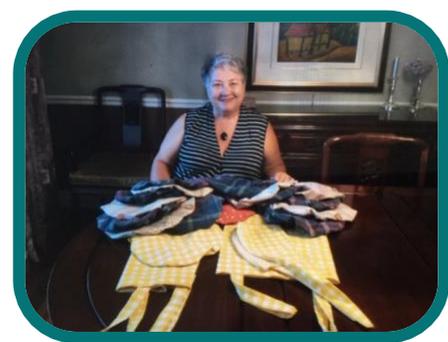


FRONT-LINE STAFF RECEIVING THE SCRUB BAGS



ST. DUNSTAN CHURCH DONATIONS

The Volunteer Services Department would like to sincerely thank the St. Dunstan Church community for consistently supporting SHN and specifically our scrub bag initiative. We are overjoyed and overwhelmed by the support of the St. Dunstan Church community and we look forward to being able to celebrate and acknowledge each and every member that has contributed to all SHN initiatives. Please see images below for some of our St. Dunstan's members donations.



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PICTURE FRAMES TO HONOUR OUR FRONT-LINE WORKERS AT SHN

The Volunteer Services department would like to thank each and every volunteer that participated in the picture frame initiative, which supported front-line workers with a positive message during the pandemic. We received an overwhelming response and we are ecstatic with the frames received. Please see images below for some SHN Volunteer Cheer.



PRE-SCREENING FOR THE HEMODIALYSIS PROGRAM

The Volunteer Services department would like to sincerely thank each and every volunteer that has been continuously supporting the hemodialysis program at SHN. Our volunteers have been supporting the Hemodialysis Program at SHN by assisting with the pre-screening of patients for just over 2 months. The Hemodialysis Program is appreciative of all the efforts our volunteers are contributing to the department.

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RECIPE FOR SUMMER – STRAWBERRY PIE



Ingredients

- 1 (9 inch) pie crust, baked
- 1-quart fresh strawberries
- 1 cup white sugar
- 3 tablespoons cornstarch
- $\frac{3}{4}$ cup water
- $\frac{1}{2}$ cup heavy whipping cream

Step 1

Arrange half of strawberries in baked pastry shell. Mash remaining berries and combine with sugar in a medium saucepan. Place saucepan over medium heat and bring to a boil, stirring frequently.

Step 2

In a small bowl, whisk together cornstarch and water. Gradually stir cornstarch mixture into boiling strawberry mixture. Reduce heat and simmer mixture until thickened, about 10 minutes, stirring constantly. Pour mixture over berries in pastry shell. Chill for several hours before serving. In a small bowl, whip cream until soft peaks form. Serve each slice of pie with a dollop of whipped cream.

Please look out for our next newsletter for all the latest news and updates at SHN.