

## **Digital Examination – Innovative Apps for Physicians and Families**

Please send [niraj.mistry@sickkids.ca](mailto:niraj.mistry@sickkids.ca) any and all of your favourite apps, sites and devices

### **General Reference**

UpToDate	CMA discount Free
DynaMedPlus	Free with CMA, Joulecma.ca
Figure1	Free, Instagram for MDs
QxMD, CASE	Journal reader

### **Formularies**

ePocrates	Free
Lexicomp	Free with sickkids.ca email
RxTx (eCPS)	Free with CMA, Joulecma.ca

### **Cloud Storage**

DropBox	Microsoft OneDrive
Box	Google Drive
SugarSync	Apple iCloud

### **Acute Care**

Pedi STAT	\$4.99
PediRef	Free for Android
SickKids	Coming soon

### **Quick Reference**

Bilirubin - BiliCalc  
Growth Chart  
Eye Chart HD, Eye Handbook  
BP Percentiles  
Clinical Decision/Prediction Rules (eg. MDCalc)  
Neonatal Early-Onset Sepsis Calculator  
[Neonatalsepsiscalculator.kaiserpermanente.org](http://Neonatalsepsiscalculator.kaiserpermanente.org)  
White Eye Detector - CRADLE

### **Useful Websites**

[Peditools.org](http://Peditools.org)  
[Bilitool.org](http://Bilitool.org)  
[probioticchart.ca](http://probioticchart.ca)  
[Canimmunize.ca](http://Canimmunize.ca)

### **Useful Email Lists for CME**

Pediatrics Today SmartBrief  
[smartbrief.com/subscribe/NewsforProviders](http://smartbrief.com/subscribe/NewsforProviders)  
[2minutemedicine.com](http://2minutemedicine.com)  
The Differential For Pediatrics by Figure1  
[figure1.com/differential](http://figure1.com/differential)  
[Medscape.com](http://Medscape.com)  
Sign up to receive the Table of Contents from your  
Favourite journals (JAMA Pediatrics, Pediatrics)

### **PracticalApps.ca**

Irritable Bowel Syndrome  
Atrial Fibrillation  
Cardio  
Skin Cancer  
Child & Adolescent Anxiety  
Mayo Clinic, Mindshift, Thinkfull  
Adult Asthma  
Pediatric Asthma  
Wizdy Pets  
Migraines  
Menstrual Cycle Tracking  
Changing Behaviour with Apps  
Eatracker, My Food Guide,  
Canimmunize  
Anxiety in Adults  
Pacifica, Headspace, Calm  
Chronic Pain  
Breast Cancer  
Insomnia  
Hypertension  
Alcohol Consumption  
Smoking

### **Connected Medical Devices**

<a href="http://Alivecor.com">Alivecor.com</a>	KardiaMobile
<a href="http://Cellscope.com">Cellscope.com</a>	Cellscope Oto
<a href="http://kinsahealth.co">kinsahealth.co</a>	QuickCare, SmartEar
<a href="http://Adherium.com">Adherium.com</a>	Smart inhaler
<a href="http://Propellerhealth.com">Propellerhealth.com</a>	Smart inhaler
<a href="http://Akiliinteractive.com">Akiliinteractive.com</a>	ADHD game

Apple, FitBit, Withings, Samsung

### **Reliable App Review Websites**

NHS Apps Library  
[apps.beta.nhs.uk](http://apps.beta.nhs.uk)

[rankedhealth.com](http://rankedhealth.com)

[imedicalapps.com](http://imedicalapps.com)

[healthline.com](http://healthline.com) → search for “apps”