

KIDS CARE

Specialized services for babies, children, and teens



SHN KIDS CLINICS

Paediatric Consultation Clinic

For children who visited SHN's emergency department and require follow up, and care for paediatric health issues requiring further investigation.

- Birchmount hospital: 416-495-2423**
- Centenary hospital: 416-281-7476**
- General hospital: 416-438-2911 ext. 3415**

Neonatal Follow-up Clinic

Motor and cognitive assessments for infants who are identified as being at risk for developmental issues during the first two years of life.

- Centenary hospital: 416-281-7476**
- General hospital: 416-438-2911 ext. 6120**

Adolescent Medicine Clinic

Consultation and treatment for physical, developmental, cognitive, and mental health issues, such as behavioural concerns, substance use, reproductive health issues, and eating disorders.

Allergy and Immunology Clinic

Testing and management of food and environmental allergies, adverse reactions to vaccines and meds/antibiotics, eczema, and other conditions.

Constipation Clinic

Only clinic in the Greater Toronto Area that deals specifically with the assessment and management of constipation issues for babies and children.

Dermatology Clinic

Diagnoses and treats common and complex skin conditions, including eczema, acne, birthmarks, psoriasis, vitiligo, molluscum, and warts.

Diabetic Education Clinic

Counseling and support for children (and families) who have recently been diagnosed with diabetes, or are at high risk of developing diabetes.

Gastroenterology Clinic/Endoscopy Program

Consultation, endoscopy and follow-up for kids with gastrointestinal, liver and nutritional issues.

Hematology Clinic

Consults for hematological issues, as well as counselling and genetic testing for abnormal hemoglobin electrophoresis results.

Nephrology Clinic

Consults for kidney or hypertension-related issues, including nephrotic syndrome, proteinuria, hematuria, and kidney abnormalities.

Neurology Clinic

Sees children with epilepsy and seizures, stroke, headaches, concussion, movement disorders, neurogenetic diseases, and other conditions.

Paediatric Oncology Satellite Clinic

Satellite site of the Paediatric Oncology Group of Ontario (POGO) in partnership with SickKids, providing cancer care for children — including chemotherapy, blood work and transfusions, and monitoring.

Rheumatology Clinic

Consults for a broad spectrum of rheumatic conditions, including juvenile idiopathic arthritis, systemic lupus erythematosus, vasculitides, and juvenile scleroderma.

Scoliosis Clinic

Consultation, assessment, and management for scoliosis in children.

Sickle Cell Disease Satellite Clinic

Working in partnership with SickKids, provides genetic counselling, physical examinations, updating of vaccinations, and access to related subspecialists.

To learn more, call 416-281-7476 **Speak with your family doctor about getting a referral**

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SHN KIDS PROGRAMS AND CLINICS IN THE COMMUNITY

Child Development Program

Centre for Immigrant and Community Services
(2330 Midland Ave.)

This program provides assessments and screening for kids under five-years old with a suspected developmental concern, such as autism, motor delays, or fetal alcohol spectrum disorder. It also provides limited speech and language therapy for children with communication delays, and follow-up care for select newborns after being discharged from SHN's Neonatal Intensive Care Unit (NICU).

 Call 416-438-2911 ext. 6120

Healthy Outcomes Paediatric Program for Scarborough (HOPPS)

Clinics/classes held at multiple community sites

HOPPS supports kids with body weight concerns and their families in making important lifestyle changes that will lead to improved health, stronger bodies, and a better quality of life. This program is offered jointly by SHN and several community partners.

 Call 647-461-7030

Childhood and Adolescent Mental Health

Outpatient care at Shoniker Clinic (2877A Ellesmere Rd.)

SHN's mental health program for young patients includes inpatient care, a day hospital, a crisis team, and outpatient services offered at Shoniker Clinic. We assess and treat children and adolescents with anxiety, depression, trauma, obsessive compulsive disorder, tic disorders, psychosis, post-traumatic stress disorder, and other mental health issues.

 Call 416-281-7301

KIDS HOSPITAL SERVICES

Inpatient Paediatric Units

On SHN's inpatient paediatric units, we care for children who have to stay in hospital. At our Centenary hospital, our inpatient unit features a Ronald McDonald Family Room.

Paediatric Day Surgery

Providing surgical procedures for children that don't require them to stay in hospital overnight. We provide teaching to help kids prepare for their procedure, and encourage parents to stay with their kids in the operating room until they receive anesthesia and have fallen asleep.

Kids Pass

Children and their families who come to the emergency department (ED) are quickly moved when possible to the Kids Pass clinic. This helps to ease the experience for young patients.

Kids After Hours Clinic

Paediatrician led clinic that sees stable patients with common medical issues (i.e. fevers, rashes, urinary tract infection, diarrhea, headache, nausea).
Opening soon — more information to follow.

Kids Short Stay Clinic

Paediatric patients seen in the Birchmount ED who require further consultation and assessment by the paediatrician and nurse, and who are hemodynamically stable will be seen in the clinic.

Newborn Assessment Clinic

Newborns are given an appointment for the clinic to be seen within two to three days after being discharged. This clinic monitors breastfeeding, weight loss, jaundice, and other newborn issues.

RSV Clinic

Provides monthly immunizations throughout late fall and winter to try preventing RSV in at-risk infants.

Paediatric Occupational Therapy

Service is available to children up to five years old, who have developmental delays, neurological dysfunction, sensorimotor difficulties, or difficulties with their day-to-day activities.