

How to make a referral

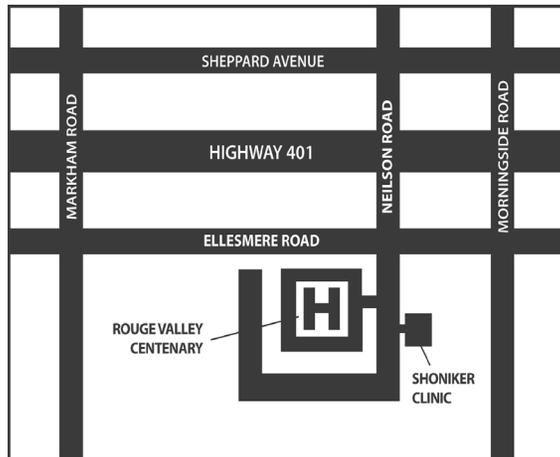
We only accept physician referrals, and they must be faxed to us on our form. You may request a copy of our referral form by calling 416-281-7301.

Please fax referrals to 416-281-7465.

All fees are covered by OHIP. Please bring your health card to every clinic visit

How to find us

Shoniker Clinic
2877A Ellesmere Road
Toronto, Ontario
416-281-7301



Our mission at **Rouge Valley Health System** is to provide the best health care experience for our patients and their families.

Our vision is to be **the best at what we do.**

Our hospital campuses:

Rouge Valley Ajax and Pickering
580 Harwood Avenue South
Ajax, ON L1S 2J4
905-683-2320

Rouge Valley Centenary
2867 Ellesmere Road
Toronto, ON M1E 4B9
416-284-8131



Shoniker Clinic



Child and Adolescent Mental Health



The best at what we do.

www.rougevalley.ca

Our specialization

The Shoniker Clinic specializes in assessment and treatment services for young people with significant mental health problems, including:

- Anxiety;
- Depression;
- Obsessive compulsive disorder;
- Trauma;
- Tic disorders;
- Psychosis;
- Post-traumatic stress disorder; and
- Complex mental health issues.

Who do we serve?

Age

We offer services to youths who have not yet reached their 19th birthday.

For our first episode psychosis program, we accept clients who are up to 35 years of age.

Catchment

Clients must reside in Scarborough, Pickering or Ajax.

Referral Source

Referrals must be made by a physician.

Treatment services

- Individual therapy
- Family counselling
- Group therapy
- Education workshops
- Psychiatric services
- Medication

First episode psychosis program

The First Intervention Treatment Team (FITT) provides assessment, treatment and case management services for individuals experiencing their first episode of psychosis. This specialized service accepts clients up to 35 years of age who reside in Scarborough.

To join the FITT program, you will need to be referred by a physician. If you do not have a family doctor, please give us a call at 416-281-7301 ext. 4161. Our intake worker can help facilitate getting you a referral.

What to expect when you come to the clinic

Following an assessment by one of our experienced professionals, an individualized treatment plan will be developed and implemented by our mental health team.

What's new at Shoniker Clinic

Our new mandate

Our mandate is to serve children and adolescents who require the services of a hospital-based mental health program. The Shoniker Clinic is part of Rouge Valley Health System's integrated child and adolescent mental health program, which also includes a day hospital program and a six-bed inpatient unit.

The Shoniker Clinic cannot accept the following referrals:

- Eating disorders;
- Educational or psychological testing;
- Assessments for court purposes; and/or
- Cases with unresolved custody/access issues.

“New” urgent care service

The Shoniker Clinic is now designed to offer a prompt response for urgent cases. A timely assessment appointment with one of our mental health professionals is now available.