



Post-Breast Biopsy Instructions

Patient Information

1. At the end of the breast biopsy, steri-strips and a pressure dressing will be applied. Leave the steri-strips on. The steri-strips will fall off within five to seven days. If they have not fallen off after seven days, you may remove the steri-strips.
2. Wear a tight fitting bra over the pressure dressing to help prevent bruising.
3. After 24 hours, you may remove the pressure dressing and shower.
4. We suggest you use ice or gel packs over the breast to also help reduce bruising.
5. If you experience any discomfort, we recommend you take Tylenol. Do not take Aspirin, Advil, Plavix, Motrin or Ibuprofen for the next three days as bruising may occur.
6. It is also recommended that you do not do any heavy lifting for the next two days.

If you have any questions or concerns, please contact the Diagnostic Imaging Department at 416-431-8107 (General campus).

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