

Questions for the clinic team

Scarborough and Rouge Hospital sites:

Birchmount site

3030 Birchmount Road
Scarborough, ON M1W 3W3
416-495-2400

General site

3050 Lawrence Avenue East
Scarborough, ON M1P 2V5
416-438-2911

Centenary site

2867 Ellesmere Road
Scarborough, ON M1E 4B9
416-284-8131

Outpatient Palliative Care Clinic

Access to quality
palliative and
end-of-life care



Contact information

www.rougevalley.ca/palliative-care

(February 2017)

www.rougevalley.ca
www.tsh.to



Outpatient palliative care at Centenary

Our **outpatient palliative care service** at the Centenary site of Scarborough and Rouge Hospital (SRH) helps patients with a palliative diagnosis to manage their symptoms at home and at our hospital clinic.

Our goal is to enable those in our community who are facing life-limiting illness to live more fully, with comfort and dignity. We strive to deliver the best possible care to every person, every day — with the active involvement of patients and their families and caregivers.

We seek neither to hasten nor prolong the dying process, and believe that palliative care and sensitivity to individual needs will allow dying patients to have full and rewarding lives until the end.

Our outpatient palliative care clinic team

Centenary's palliative care clinic is led by an expert team that includes:

- Palliative care physicians
- Registered nurse
- Nurse practitioner
- Health-care professionals — including physiotherapy, speech language pathology, nutrition, social work and spiritual care.

Our services

We offer compassionate and coordinated care through the following services:

■ **Managing your pain & controlling symptoms**

We will assess you and provide consultation and treatment to help relieve pain and manage the symptoms of your illness. This may include ongoing follow-up care.

■ **Advanced care planning**

We will support you in the process of thinking about and discussing decisions around what you would like for your future health and personal care.

■ **Supporting your emotional & spiritual needs**

We will help you and your family with your overall well-being through psychosocial and multi-faith services that aid in coping with grief, anxiety and stress.

■ **Connection to community supports**

We will assist you in accessing palliative care supports in the community by providing referrals and coordinating linkages to services and resources.

Who our clinic is for

Our clinic has been developed for patients with a palliative diagnosis. Patients we would routinely see are:

- Being cared for, or currently undergoing treatment at SRH, and are not being seen by another palliative care physician or clinic;
- Having symptoms related to their palliative diagnosis;
- Over 18-years-old.

We do not routinely see patients for chronic pain management.

Clinic information

Outpatient Palliative Care Clinic
Suite 106 (across from chemo clinic)
Scarborough Rouge Hospital –
Centenary site
2867 Ellesmere Road, Scarborough
Phone: 416-281-7483
Fax: 416-281-7445

Open Tuesdays from 1 – 4:30 p.m.